

JUNG &

THE WORK OF THE FEMININE IN THE PSYCHE

SATURDAY, NOVEMBER 19, 2022

DIRECT ONLINE ACCESS VIA ZOOM

in French, and simultaneous translations in English, Portuguese and Spanish

CONFERENCE

organised by the French Society of Analytical Psychology - SFPA

And The Paris C.G. Jung Institute - www.cgjungfrance.com

with the support of the International
Association of Analytical Psychology (IAAP)

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Conference venue in
French only :
ASIEM
6 rue Albert de Lapparent
Paris 7^{ème}

PROGRAMME

French winter time

8.45-9.15 am **Welcome**

9.15-9.30 am **Opening of the conference**

by the President of the SFPA NATHALIE DOMINGUEZ

9.30-10.15 am **« *From the Golden Flower to the Rising of Dawn* »**

ÉLISABETH SCHNETZLER, psychoanalyst, SFPA and IAAP member

10.15-10.30 am **Interlude poetry reading**

10.30-11.15 am **« *Pitfalls in the encounter with the feminine: two clinical vignettes* »**

CHRISTINE FOUCHARD, psychoanalyst, SFPA and IAAP member

11h15 - 11h45 **Break**

11.45-12.30 am **« *The challenge of the feminine, with Diotime in spite***

of Socrates » MARIETTE MIGNET, psychoanalyst, honorary member of the SFPA

12.30-1.00 pm **Discussion with the participants**

1.00-2.30 pm **Lunch Break**

2.30-2.45 pm **Welcome**

2.45-3.30 pm **« *From the feminine to creativity* »**

SYLVIE ROUQUETTE, psychoanalyst, honorary member of the SFPA

3.30-4.00 pm **Break**

4.00-4.45 pm **« *Images of anima in the work of Fernando Pessoa* »**

VICTOR PALOMO, psychoanalyst, SBPA and IAAP member

4.45-5.45 pm **Round Table and discussion with the participants**

5.45-6.00 pm **Interlude, poetry reading and end of the conference**

« The feminine mind is earth which awaits the seed. This is the meaning of transference. The less conscious one always receives spiritual fertilization from the more conscious. »

Carl Gustav Jung

During the conference, we invite you to feel and think about the feminine at work in yourself and in your relationship with others.

Why talk about the work of the feminine in the psyche? Is the work of the feminine and the work of the masculine inside the psyche specific? Is it the same in women and in men?

How can we detect, welcome, name, and allow ourselves to be transformed by the encounter with the masculine and the feminine within ourselves? And what aspects of the feminine shed light on our relationship with the other?

These questions allow us to rediscover the roots of Jung's thoughts about the dynamics of psychic life, from the dawn of emotional life to the emergence of creativity. During the course of the various theoretical and clinical presentations, we'll realize that it's not a question of gender but rather work that is accomplished in both women and men, opening their psychic life to the work of the Anima and the Animus, to the dimensions of Eros and Logos. After a long journey, creative and poetic tendencies sometimes emerge, as demonstrated by the work of Fernando Pessoa. Most of all, for each and every one of us, to admit and foster the inner feminine is a real challenge, on both the individual as well as the collective levels.

The SFPA (The French Society of Analytical Psychology) - Paris C.G. Jung Institute, was founded in 1969 and is the only French Society of Jungian psychoanalysts recognised by the International Association for Analytical Psychology, the worldwide federation of societies of Jungian analysts.

The SFPA provides initial and ongoing training for Jungian psychoanalysts.

For more information, consult:

<https://cgjungfrance.com/accueil/devenir-psychanalyste-jungien/>

We thank the International Association for Analytical Psychology for its financial support, allowing us to organise our first International Conference on site and online, with simultaneous translations in English, Portuguese and Spanish. The IAAP is the international body that validates and federates national Group Members of Jungian analysts throughout the world. Validation by the IAAP is a guarantee of the quality of the training provided by its Group Members for all of its 3500 members on all Continents.

From the Golden Flower to the Rising of Dawn

ÉLISABETH SCHNETZLER is a medical doctor, psychoanalyst and member of the IAAP and SFPA. She has been working in private practice in Bernin, near Grenoble, for 30 years. After finishing a medical thesis on near death experiences in 1983, she spent three and a half years in a closed meditation retreat in the Tibetan tradition. She is particularly interested in Jung's confrontation with the various Eastern traditions and mystics, the articulation between transformational processes in spiritual paths, spontaneous experiences and Jung's individuation process and their possible reciprocal contributions.

Very early on, Jung read the Christian mystics, the traditional Eastern texts, in which he found some echoes of his own inner experience and parallels with the passage from the ego towards the self during the individuation process.

« In his « Commentary on The Secret of the Golden Flower », Jung recognized the major importance of non-action, the Chinese wuwei, the let-it-happen, the non-acting action, the abandonment of Master Eckhart. Far from a passive position, this feminine attitude of openness, unconditional acceptance for what is, as is, requires a major investment: the need to free oneself from the realm of the mothers and not shirk the confrontation with oneself and the world. The direct intuitive penetration of reality, of the light of consciousness took the appearance of Dawn Rising, Sophia's Dawn. This opening is at the very heart of the creative process, at work in poets as well as in analytic listening. »

Pitfalls in the Encounter with the Feminine

« Without emotion, darkness can't be transformed into light, nor apathy into movement. » C.G. Jung

CHRISTINE FOUCHARD is a psychoanalyst and member of the IAAP and SFPA. Trained as a general practitioner, she acquired many years of experience in working class suburbs, before training in psychiatry. She then worked in an out-patient public mental health unit and in private practice. She was president of the GERPA (An association to discover Jung through reading workshops) and there discovered the pleasure of teaching with a privileged tool: myths and fairytales.

« At the dawn of psychic life, an other, an opposite, emerges from the primary undifferentiation. In this foggy semi-consciousness, something little by little appears, someone, that the baby explores, sniffs, actively feels. This other, accepted, has already been shaped by previous experiences, experiences that are unconscious but inscribed in their sensoriality. No one comes to this encounter tabula rasa.

This sensory niche, of early childhood, as Cyrulnik calls it, the first experience of the archetype, has already created an attachment pattern that the analyst will have to feel and share in order to be as close as possible to the patient. Building on the works of the theorists of early attachment, Bowlby, Lorenz, and Jung's bold hypothesis about the instinctual basis of the archetypes, Christine Fouchard proposes an exploration of the behavioural and linguistic debris, possibly originating at this time, that are useful for the analyst's approach. Some fairytales help the analyst imagine the inner sensory world of the patient, if they have explored their own experiences of torsion and sensory illusion- »

The Challenge of the Feminine, with Diotime in Spite of Socrates

MARIETTE MIGNET has a PhD in Clinical Psychology, is a psychoanalyst and honorary member of the SFPA. She's the author of *Le Féminin, problème ou devenir - Une autre approche en psychanalyse avec C. G. Jung* (*The Feminine, Problem or Becoming - Another Approach in Psychoanalysis with C. G. Jung*), published by the Presses Universitaires du Midi, University of Toulouse, and many papers in various Journals, including *Les Cahiers Jungiens de Psychanalyse*.

Pertinent for our topic, please note: *Eloge de l'inadéquation* (In Praise of Inadequacy), *Cahiers Jungiens de Psychanalyse*, 149, juin 2019; and *La bisexualité originelle aujourd'hui* (Original Bisexuality Today), *Cahiers Jungiens de Psychanalyse*, 154, automne-hiver 2021. She formerly taught at the Paris C.G. Jung Institute-SFPA and in Tunis at the Association de Formation à la Psychologie Analytique - AFPAT (Association for training in Analytical Psychology in Tunis).

◀◀ *We will again read the formidable dialogue staged by Plato between the great man, Socrates, and a woman, a healer, Diotime. Is love love of the beautiful? Diotime contradicts the philosopher by introducing the feminine. What is this feminine? Do women recognise it in themselves and do men know that they carry it inside of them?*
A Jungian exploration of the psyche and our clinical experiences allow us to understand that, for both men and women, discovering and allowing this feminine to live is a real challenge. ▶▶

From the Feminine to Creativity

SYLVIE ROUQUETTE is a psychoanalyst and honorary member of the SFPA.

A psychiatrist by training, she has experience in a number of institutions, in out-patient clinics with children and adolescents, in day-hospitals as a psychotherapist with adults.

◀◀ *The psychic life of men and women requires access to the feminine dimension in order to mobilize and activate creativity. Creativity cannot be developed without access to this kind of psychic energy, activated by Eros within oneself and towards others. We will see what shapes can emerge thanks to the paths opened up by Jung and contemporary Jungian authors.* ▶▶

Images of Anima in the Work of Fernando Pessoa

VICTOR PALOMO is a psychiatrist, a psychoanalyst and member of the IAAP and the Brazilian Society of Analytical Psychology (SBPA). He obtained a master's degree and a PhD in Literature at Sao Paul University (USP). He is the author of *A saudade do lugar de origem* (The longing for the place of origin), published by Escuta in 2014. He coordinates seminars at the SBPA training institute.

◀◀ *Any analysis of Pessoa's work, especially its poetic aspects, is permeated by the themes of melancholy, desire, the foreigner and multiplicity. How do the images of the anima present in this poetry unite the opposites between subjectivity and modernity? The great contribution of Pessoa's work to psychological thinking is its ability to make the ego and its univocal meanings split into an archipelago of literary identities, that gives birth to a group of split personalities, interdependent poets, whose styles are autonomous and are the results of complex processes of otherness which simultaneously combine language, image, and polytheistic psychology. On top of his own civil identity, Fernando Pessoa himself, the poet assumed an identity as Alberto Caeiro, Ricardo Reis and Alvaro de Campos.* ▶▶

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